Guidelines for Conducting Postgraduate Medical/Dental/AYUSH Examinations during July-2020 in view of COVID-19

- RGUHS has communicated in its earlier mails to affiliated institutes to ensure the presence of all candidates appearing in the examinations either in the Institute campus or in same city.
- Institutes to ensure return of students if any, by following quarantine guidelines SOP’S of Government of Karnataka/Local administration. However, medical professionals, nurse, paramedical staff, sanitation personnel and ambulances are exempted from requirements quarantine and testing as per protocol for inter-state traveller to Karnataka version 2 dated 8th June 2020 issued by Chief Secretary, Government of Karnataka (Circular No.: SOP 4/IST/2)
- A nodal officer shall be designated to monitor the students and staff and ensure compliance to all guidelines of COVID-19 periodically issued by Government of Karnataka/ Local administration.
- Arrangements for disinfection of premises of the students, provision of automated/foot operated sanitizer dispenser at required places and to enforce wearing of facemask, physical distancing of 2 metres (6 feet) in hostel and common areas and to be monitored by concerned authorities/nodal officer.
- Staff’s (cooking & supplying staff, cleaning, support staff and others) in working hostels shall be screened daily for Influenza like illness symptoms (ILI). If ILI symptoms are present the person/s shall be sent to fever clinic/hospital.
- The timings of the mess shall be staggered to ensure physical distancing and prevent crowding.

Conduct of theory examination

Hall arrangements:
1. College authorities shall prepare a micro-plan regarding the number of students, classrooms, teachers, staffs, seating arrangements for students, vehicles, movement plan of students, marking of boxes on the floor outside examination hall etc.
2. Training shall be held before the examination to sensitize the invigilators and staff.
3. Exams hall shall have good natural ventilation; Air conditioned hall shall be avoided. The hall shall have separate entry and exit.

4. After each examination session is over, all the rooms /halls, chairs, tables etc. shall be disinfected with 1% sodium hypochlorite solution (Annexure1).

5. Students should be instructed to report at least one hour prior to scheduled time.

6. At the entry, crowding of students shall be avoided and strict physical distancing of two meters (6 feet) between students to be maintained.

7. Ensure foot operated hand sanitizer dispenser, thermal scanning and screening for ILI/COVID-19 at the entry of examination hall.

8. The following arrangements of seating shall be made in different halls for the following categories:
   a. Candidates with ILI symptoms
   b. Candidates from containment zones
   c. All other candidates

   - Ensure physical distancing of 2 metres between the candidates for categories a,b and 1 metre for category (c)Students shall wear medical facemask/ and allowed to carry their own water bottle.

Exam Hall Staff:
1. Exam hall staff shall be provided with medical facemask, hand gloves and hand sanitizer.
2. Candidates are asked to vacate the hall only after the verification process is completed by invigilators.

Toilets:
1. Disinfection of toilets shall be done before and after each session.
2. Elbow/foot operated sanitizers, wash basin with elbow operated taps and liquid soap should be made available in toilets.
3. Only one student is allowed inside toilet at a time.

Exit:
1. Physical distancing shall be strictly followed.
2. Disinfect the area between sessions allowing 30 minutes of contact time

Note: All other existing guidelines of RGUHS/Apex bodies in lieu of postgraduate examinations are continued as before.
Annexure-1:

A. Guidelines for Preparation and use* of 1% sodium hypochlorite solution

<table>
<thead>
<tr>
<th>Product</th>
<th>Available chlorine</th>
<th>1percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sodium hypochlorite – liquid bleach</td>
<td>3.5%</td>
<td>1 part bleach to 2.5 parts water</td>
</tr>
<tr>
<td>Sodium hypochlorite – liquid</td>
<td>5%</td>
<td>1 part bleach to 4 parts water</td>
</tr>
<tr>
<td>NaDCC (sodium dichloro-isocyanurate) powder</td>
<td>60%</td>
<td>17 grams to 1 litre water</td>
</tr>
<tr>
<td>NaDCC (1.5 g/ tablet) – tablets</td>
<td>60%</td>
<td>11 tablets to 1 litre water</td>
</tr>
<tr>
<td>Chloramine – powder</td>
<td>25%</td>
<td>80 g to 1 litre water</td>
</tr>
<tr>
<td>Bleaching powder</td>
<td>70%</td>
<td>70 g to 1 litre water</td>
</tr>
<tr>
<td>Lysol for disinfection</td>
<td>-</td>
<td>2.5% Lysol (1 litre of Lysol in 19 litres of water)</td>
</tr>
<tr>
<td>Lysol IP (50% Cresol and 50% Liquid soap)</td>
<td>-</td>
<td></td>
</tr>
</tbody>
</table>

Use*: All touch surfaces like tables, door handles, telephone, table bell, switches, lift buttons, Computer systems, Key boards shall be wiped with clean cloth dipped in 1% sodium hypochlorite solution or 7% Lysol and air dried for minimum 1 hour before exams.

Note: The practical examination shall be conducted as per the guidelines/SOP issued by apex regulatory bodies like MCI/DCI/others.

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